



Ultreya Bulletin

June 24th, 2010



Wishing all Cursillistas/ Challengers and their families a beautiful, faith filled summer! See you all in September for another great year within our movements. Stay safe and healthy and may God keep His loving arms around you.

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1. **Wake Up!** Decide to make it a good day. "This is the day the Lord has made; let us be glad and rejoice in it" Psalms 118:24.
 2. **Dress Up!** The best way to dress up is to put on a smile. A smile is an inexpensive way to improve your looks. "Not as man sees does God see, because man sees the appearance but the Lord looks in to the heart" I Samuel 16:7.
 3. **Listen Up!** Say nice things and learn to listen. God gave us two ears and one mouth, so He must have meant for us to do twice as much listening as talking. "He who guards his mouth protects his life..." Proverbs 13:3.
 4. **Stand Up!** For what you believe in. Stand for something or you will fall for anything. "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all..." Galatians 6:9-10.
 5. **Look Up!** To the Lord. "I have the strength for everything through Him who empowers me" Philippians 4:13.
 6. **Reach Up!** For something higher. "Trust in the Lord with all your heart, and on your own intelligence rely not. In all your ways be mindful of Him, and He will make straight your paths" Proverbs 3:5-6.
 7. **Lift Up!** Your Prayers. "Have no anxiety at all, but in everything, by prayer and petition...make your requests known to God" Philippians 4:6.

Upcoming Cursillo Weekends:

81st Men's Cursillo, Oct. 8-11 with Rector Pat Moore

121st Women's weekend, Oct. 21-24 with Rector Catherine Duhamel

122nd Women's Cursillo, Nov. 4-7 with Rector Betty Lahey

CHALLENGE HIGH SCHOOL REPS:

Nolan Conrad

Erica Stevens

CHALLENGE UNIVERSITY REPS:

Rainbow Poulette

Semisel Stevens

Upcoming Events:

~ *The Atlantic Catholic Cursillo Council Conference (Cursillo of Cursillos) will be held on September 16-19, 2010 in Prince Edward Island. You can contact Claudia for more info on registration. Deadline for this conference is July 9th.*

EXECUTIVE MEMBERS:

- Claudia Aucoin, Lay Director
- Fr. Donald MacGillivray, Spiritual Director
- Fr. Patrick O'Neill, Spiritual Director
- Allan & Anita O'Donnell, Post Cursillo
- Frances Presseau, Women's Pre-Cursillo
- Sheila Cabot, Women's Pre-Cursillo
- Colin Samson, Men's Pre-Cursillo
- Tom Gale, Men's Pre-Cursillo
- Patricia Campbell, Secretary
- Jody Sutherland, Treasurer
- Gary David, Richmond County Rep.
- Philomena Sutherland, Supplies
- Jermaine Doucette, Eskasoni Member at Large
- Bev Dilny, Food Palanca Coordinator
- Brian Murray, Fourth Day
- Terry Jerrett, Bulletin

Executive Members :

It's that time again when we need to replace some of our members that have been serving this movement for two years or more. The following positions will be available this coming September for a two year term.

- Women's Pre-Cursillo -- two positions, one for Sydney and surrounding areas / one for Eskasoni area
- Men's Pre-Cursillo -- two positions, one for Sydney and surrounding area / one for Richmond Co.
- Treasurer
- Supplies
- Food Palanca coordinator
- Richmond County rep

If you feel that the Lord is calling you to serve in this ministry, you can forward your name for any of the vacant positions. Please let me know in person, by phone or email. Serving our Lord in this manner is very rewarding and vital to our movement.

I would like to, at this time, thank these dedicated people that are stepping down from their terms. The following people are Frances Presseau, Sheila Cabot, Tom Gale, Colin Samson, Jody Sutherland, Philomena Sutherland, Bev Dilny and Gary David. We will be forever grateful for all your hard work and commitment to the movement.

".....but as for me and my house, we will serve the Lord." Joshua 24:15

PALANCA DROP OFFS:

- **LA Hair Design**, Kings Road, Sydney 562-0076
- **Kenny's Pizzeria**, Sydney River – 564-5588
- **Tasty Treat**, Grand Lake Road, Sydney 562-1225
- **MacSween's Flowers**, Heelan St., NW 862-6468
- **Shepherd Photo**, McKeen St., Glace Bay, 849-6365
- **Gilbert Bernard**, 9009 Trans Canada Highway, Whycocomagh: Home:756-9063 Cell:623-0204
- **Bubblo's Store (Beverly Jeddore)**, 5281 Mountain Rd, Eskasoni Store Number: 379-2465 Home: 379-2256

ULTREYAS:

Industrial Cape Breton – Last Thursday of the month, OLF, Sydney River – 7:30 p.m. **Next Ultreya: Sept. 30th 2010**

United Church – 2nd Monday of the month, United Church, Sydney River, 7:30 p.m.

REMINDERS:

- Please remember to take to Ultreya your good reading material that you are no longer using. It will be placed on the Study Table on

the weekends free of charge for the candidates.

- Remember to wear your cross and name tag to Ultreya.
- If your Group Reunion would like to host an upcoming Ultreya, please contact Allen or Anita O'Donnell at 567-2866.
- Please take a moment to sign the registration sheets. They are very helpful when selecting Teams; Eucharistic Ministers; Lectors; Music etc.
- Applications for Cursillo and Challenge, along with information on Sponsorship, are available on the back table.

PLEASE NOTE: I would appreciate if you could provide me with names of new and old Cursillistas that would like to work a weekend. I will make sure these names will be shared with our future Rectors.

Thanks, Claudia Aucoin

Email: theaucoins@ns.sympatico.ca

C.B. Cursillo Movement Email Address:

www.cb cursillo.com

Tom McMullin, Cursillo & Challenge website coordinator:

cb cursillo@gmail.com

Canadian Conference of Catholic Cursillo (CCCC):

www.cursillo-canada.org

World Body of the Cursillo Movement (OMCC):

www.orgmcc.org/index.htm

Suggestion Box:

If you have suggestions about how to build a stronger community or add to the enrichment of the Weekends and Ultreya, please come forward and place your signed suggestions in the box provided. All ideas and suggestions will be given serious consideration.